

SAULT COLLEGE OF APPLIED ARTS AND TECHNOLOGY
SAULT STE. MARIE, ONTARIO

COURSE OUTLINE

COURSE TITLE: **Introduction to Addictions**
CODE NO.: **HDG 110-3**
PROGRAM: **General Arts and Science**
SEMESTER: **Two**
DATE: **January 1992**
INSTRUCTOR: **Anne O'Connor**

New: Revised: X

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Introduction to Addictions
Anne O'Connor

HDG 110-3

Credits: 3

Length: 45 hours

PHILOSOPHY/GOALS;

In this course the student will be introduced to the study of addictions. The class will explore general information about substances, their effects and the development of dependency. The impact of addiction on individuals, families and society will be examined. Treatment approaches and availability of resources will be discussed.

STUDENT PERFORMANCE

OBJECTIVES:

Upon successful completion of this course, the student will be able to:

1. Discuss the nature of dependency including
 - a) types and effects of substances
 - b) theories of addiction
2. Identify the impact of addiction on individuals and their families.
3. Discuss current social issues involving substance abuse.
4. Identify treatment approaches and local resources addressing addiction problems.

TOPICS TO BE COVERED:

- 1, Drugs, their types and effects.
- 2 Theories of addiction
- 3 Impact of addiction on the addicted and Development of dependency:
stages and characteristics

Impact of addiction on: children, parents, spouses, adult
children, society
- 5 Co-dependency
- 6 The adult child
- 7 Social Issues such as: Legalizing drugs
Drug testing
Crack babies
Crime and violence
- 8, Identification and Intervention
- 9, Treatment
10. Resources

LEARNING ACTIVITIES

1. Examining types and effects of drugs and Theories of addiction
2. Impact of addiction:
 - individual
 - families
 - society
3. Social Issues
4. Identification, Intervention, Treatment and Resources

REQUIRED RESOURCES

- films, tapes, lectures, guest speakers, overheads, articles and discussions
- films, overheads, lectures, guest speakers, articles, discussion and tapes
- lectures, articles, discussions and use of other resource material
- field trips, guest speakers, articles, overheads and lectures

EVALUATION METHODS:

Presentation	20%
Book Report	20%
Test #1	20%
Test #2	20%
Participation	20%
Total	100%

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EVALUATION

1. Seminar Presentation is a requirement on a topic related to the area of addictions. It will require research and then presentation of information - 20 minutes in length. The topics and dates for presentation will be agreed upon in class.
2. Book Report is a requirement of the course on a book related to addictions. The length of the book report should be 1,200 or 1,500 words. It should include a discussion of the book but also the reader's feelings and thoughts about the issue and the book. Select a book from the list below or discuss an alternative with the instructor.
3. Two tests will be given in this course. The first will discuss information on substances and family issues. The second will involve social issues and treatment.
4. Class participation is a requirement of the course. Students are expected to participate in class discussions, activities and complete assignments on time.

REQUIRED STUDENT RESOURCES:

A book related to addictions. Some suggested books to select from:

It will never happen to me! Claudia Black

Tomorrow I'll Quit, Vernon Johnson

The Cracker Factory, Joyce Rebata-Burditt

I'm Dancing as Fast as I Can, Barbara Gordon

Go Ask Alice, Anonymous

Women Who Love Too Much, Robin Norwood

My Name is Davy, I'm An Alcoholic, Ann Snyder

Dancing On My Grave, Gelsey Kirkland & Greg Lawrence

The Addictive Personality, Craig Nakken

Codependency, Health Communications, Inc.

Relax, Recover, Patricia Wuertzer and Lucinda May

Beyond the Booze Battle, Ruth Maxwell

Not My Kid, Beth Poison and Miller Newton

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COLLEGE GRADING POLICY

90 - 100% = A+
80 - 89% = A
70 - 79% = B
60 - 69% = C
BELOW 60% = R

SPECIAL NOTE

Students with special needs (eg. physical limitations, visual impairments, hearing impairments, learning disabilities) are encouraged to discuss required accommodations confidentially with the instructor.

Your instructor reserves the right to modify the course as he/she deems necessary to meet the needs of students.